

Sons of Norway
Eidsvold Lodge #7-53
Victoria, BC Canada
Runer



Eidsvoll Manor—Eidsvoll, Norway

January 2024

Volume 47 Issue 1





Executive Board 2024

President: Mary Ella Gamblin

Vice President: Daphne Shaw

Past President: Linda Murray

Secretary & Treasurer:

Linda Murray

Cultural Dir.: Marg Sorensen

Member at Large: Doug Gamblin



Eidsvold #7-53 @ Norway House
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Victoria, British Columbia,
Canada, V8T 2A7

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 Phone: (778) 433-0053
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eidsvoldlodge753@gmail.com
 or call 250-386-9812

Fra Presidenten:

I am looking forward to the next year. As many of you know, I have been a member of Eidsvold Lodge for many years, with strong family ties. I would personally like to thank Linda Murray and the outgoing board members for their service and leadership over the past few years.

A big Tusen Tak.

Mary Ella Gamblin

From Past President Linda Murray

January, a time for renewal and resolutions for the coming year. Hopefully you had a wonderful holiday season with family and friends. Our Board changes in January. Sincere thanks to the previous Board, particularly outgoing directors, for their hard work. My personal thanks to each member, volunteer, family member, and friend of the Lodge for your support during my term as President. Welcome to President Mary Ella Gamblin and the new Board as they lead the Lodge through the coming year. As always, we rely upon member support and engagement to carry us through the celebrations and challenges.

Happy New Year!

Linda Murray



Lodge Events Calendar January:

Date	Event
Tues, January 9	Xmas tree 'deconstruct' 10:00 Book Club 11:00, Soup's On 11:30 Leikarring 3:30
Sun, January 14	Bottle Drive
Sat, January 20	Member movie afternoon 2:00
Mon, January 23	Strategic Planning Committee meeting, 6:30 p.m.
Tues, January 30	10:30 Norsk Café, lunch 11:30 General Member meeting 1:30 Leikarring 3:30
Wed, January 31	Torskeklubben 6:30 p.m.
To be determined	Board meeting

From Your Membership Secretary ...

Happy New Year everyone! I hope you all enjoyed a lovely Christmas season. Here are a few things to keep in mind regarding membership applications and renewals to Sons of Norway Int'l. and Eidsvold Lodge, with recent changes to the procedures.

Prospective Members

If someone you know is keen to become a member, please share what you enjoy most about being an *Eidsvold Lodge* member and a member of the *Sons of Norway International* organization and encourage them to contact me either by email (cingbritson.sofn@gmail.com) or by phone (250-514-3399) for more information, or show them where to access the application forms.

As they fill them out, they need to know a few things:

Do not fill in any credit card information on the form — *Sons of Norway International* has now made it their policy to not receive applications through the mail with credit card details included to protect members' financial security.

Do not send cash with the form, not for the initial fees or for Dues Renewals. Place the completed application and accompanying cheque made out to *Sons of Norway International* in an envelope; **put it into the secure mailbox** on the red door at 1110 Hillside Avenue in Victoria, attn. Carolyn Ingbritson. **Or mail it to Eidsvold Lodge, 1110 Hillside Av., Victoria, BC V8T 2A7, attn. Carolyn Ingbritson.**

Do not send the completed form to *Sons of Norway International*. It must come to me, the membership secretary, to bring to the Board. The Board will then discuss the prospective member applications and bring those to the general membership to be voted upon. Once the vote has been held, I will contact the new member(s) and mail the application(s) and payment(s) to the *Sons of Norway International* Head Office in Minneapolis.

Dues Renewal

Sons of Norway International sends members a notice that their annual Dues Renewal is coming up at least a month before the due date.

There are two ways to submit your Dues Renewal:

The first is to fill out the Dues Renewal form, write out a personal cheque to *Sons of Norway International* in Canadian dollars for the amount stated on the notice, and send it to Head Office by mail.

The second is to go online and submit the payment owing by credit card: sometimes you can save a bit of money on the exchange.

Never send cash through the mail to pay your Dues Renewal; Head Office will return the money to the lodge for us to return to you.

Please, do not drop your Dues Renewal off at the lodge for me to mail. These are your memberships, honouring your Norwegian heritage and your decision to be a member of an international organization that celebrates it.

If you choose not to renew your annual dues, for whatever reason, please let me know by phone or by email. A few members have recently contacted me to let me know of their decision to not renew.

If you have any questions, please contact me for more information.

-Carolyn Ingbritson

cingbritson.sofn@gmail.com

250-514-3399

Update from the Kitchen Troll

I hope everyone enjoyed the last lutefisk dinner and Christmas lunch of 2023. My riskrem skills are now up to Norwegian standards.

As a new year starts, there will be more lunches and Soup's On with the always popular cheese scones. The split pea and ham soup was a real hit with 33 guest, so I will be making that again on February 13th as well as turkey vegetable barley on January 9th.

Lunch on January 30th is planned with meatloaf, mashed potato, vegetables and gravy, with chocolate cake for dessert. February lunch is planned with roasted loin of pork, roasted potato, vegetables and gravy, with pudding for dessert.

If someone, or group within the lodge, would like to sponsor and prepare a Soup's On or luncheon that would be great! It would allow me and Mary Ella to sit down and enjoy a meal with everyone as a change. I am also always looking for helpers to set up, serve, and of course clean up. You can contact me at the included email address or phone number should you wish to volunteer.

Wishing everyone a Happy New Year

Doug Gamblin

jmgamby@gmail.com

250-857-8767



EIDSVOLD LODGE BOTTLE DRIVE

The lodge will be holding a bottle drive on **January 14th between 9:00 am and 12:00 pm in the hall parking lot.**

Help us out by cleaning up after the holidays. All refundable empties are accepted. If you wish, donations can also be made to our accounts at the **Bottle Depot** as listed below. Thank you for your support.



DONATING YOUR RECYCLABLE BOTTLES, CANS, ETC

We now have an account with the **Bottle Depot** here in Victoria. Anyone can make a donation to help out at the lodge simply by returning your recyclable cans and bottles there, and requesting that they be credited to the Sons of Norway Victoria account. Below are the details;

The charitable account for **Sons of Norway Victoria** includes the **4261 Glanford Ave, 655 Queens Ave, & 3961 Quadra St** Bottle Depots.

We also have an account with the **Sidney Return It Depot on Galaran Road** for those of you in the North and Central Saanich areas who wish to donate your empties to the lodge. The account name is **Sons of Norway**.

The deadlines for the Runer in 2024 will be on the 20th of preceding month for the following issues: January to June & September to December. There are no July or August issues. (Subject to change if required)

Next Board Meeting - T.B.A.
General Meeting - January 30th at 1:30pm

Gratulerer med dagen!

Kathryn Berge	1
Hanne Smaadahl	1
Finn Sander	3
Doug Doty	4
Levi Charko	7
Harry Hammer	10
Madison Oliver	13
Helena Greaves	17
Gordon Stengel	18
Harald Skadberg	19
Iris Ourom	21
Mae D Ball	22
Sean Daly	22
Monika Von Selz	23
Tori Ackermann	24
Joshua I Josok	24
Edel Satermo	24
Anne Glommen	25
Jeanette Olson	25
Alvin L Stennes	26
Ellen Arrand	27

**Eidsvold Walking Club**

Hello fellow walkers,

January walk: We will meet on the SECOND Saturday,
January 13, 2024

Time: 11:00 - 12:00; Lunch at 12:15 PM

Circuit: Swan Lake and Rainbow Park

Meet: End of Nelthorpe Street (off McKenzie Ave.)

Lunch: Monkey Tree Pub, 4025 Bordon Street at
12:15 PM

RSVP: Email vanwilliams@shaw.ca by January 11,
2024

Lunch: Please join us for lunch even if you can't
join the walk. Please RSVP.

Sports Medal tracking cards:

If you have qualified for sports medals in 2023, please submit your completed tracking cards to Van Williams (in person or via email) by January 17, 2024. Sports medals will be awarded at the March AGM.

Van Williams at 778-265-7860 or vanwilliams@shaw.ca

**Jenteklubben**

On December 7th our group toured the Butchart Gardens Christmas lights display. Butchart's does an incredible job, putting together the Twelve Days of Christmas characters throughout the gardens.

After we toured the gardens, we went for a ride on the Carousel, and then gathered in the café for a delicious meal.

After eating, some of us went around for a second time, with the mist rolling in, making it truly a magical experience. A fun time had by all. Our next Jenteklubben event TBD.



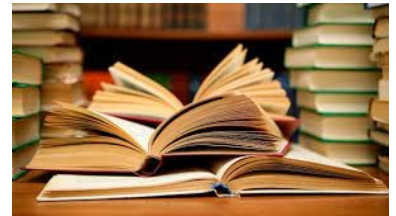
News From the Library

Happy New Year! Happy reading in 2024! New books in our Library include "The Outsider," by Brett Popplewell, "Morning and Evening" by Nobel Prize Winner, Jon Fosse, and local author, Kathleen Arnason's "Gimli Huldufolk Trilogy". Kathleen will be our guest at the Eidsvold Book Club in March.

For January 9th, "The Red Address Book" by Sofia Lundberg is being read, and books from the "Vinland Viking Trilogy" will be discussed in February. The Book Club will continue to meet in our Library at 11:00 on the second Tuesday of the month. All are welcome.

Contact me at ellenlhanson@hotmail.com

Ellen Hanson, Librarian



DID YOU KNOW?

Hygge didn't originate in the Danish language but in old Norwegian, where it meant something like "well-being." It first appeared in Danish writing around the end of the 18th Century and the Danes have embraced it ever since. It derives from a sixteenth-century Norwegian term, hugga, meaning "to comfort" or "to console," which is related to the English word "hug" and is associated with relaxation, indulgence, and gratitude.

While hygge celebrates the joys of solitude — think enjoying a good book or a warm bubble bath — **koselig** emphasizes the gathering together of friends and families. Indoor vs. outdoor warmth. In hygge, the separation from nature is important — it may be cold outside, but it's warm in your house.

Dues Renewal

Renewal fees are payable to **Sons of Norway** by:

1. Putting your payment, and the bottom portion of the renewal form, in the return envelope provided and sending it directly (US postage).
2. Logging in to the International website and renewing online by credit card.



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Applications for Membership:

Please feel free to recommend new members.

All applications, whether by mail, email, or hand, **must be submitted to the Lodge Membership Secretary** for presentation to the general membership to be properly voted on and forwarded to Head Office.

-Carolyn Ingbritson



Cultural Report

We will be continuing with our current programs: walking, Leikarring, rosemaling, book club and Norsk kafe. Is there anything else that you would like to have offered? Send me an E mail with your ideas.

Sons of Norway has several cultural awards, such as knitting, literature etc. The requirements to earn these awards is listed on their website. If you want to apply for an award, please get in touch with me by mid January.

Contact me for further information.

Marg Sorensen mjsorensen@telus.net



Historic Landing in Antarctica

Last year, Norse Atlantic Airways made history by landing the first Boeing 787 Dreamliner on Troll Airfield in Antarctica. The Norwegian low-cost airline and its crew landed the plane on a blue ice runway approximately 9,800 feet long and 100 feet wide. The runway was prepared in advance for the landing by carving grooves in the ice for better traction. Other considerations that can complicate this type of endeavor are that weather conditions in Antarctica can change rapidly and planes landing on ice cannot use typical braking methods. They also must account for additional weight since planes cannot refuel and must carry enough in reserves for the return flight.

The aircraft left Oslo on November 13 with researchers and gear aboard. It then landed in Cape Town, South Africa for a layover before the final leg of the journey to Queen Maud Land in north central Antarctica, completed on November 15. This area is claimed as a dependent territory of Norway and houses the Troll Research Station. While the wide-bodied 787 can carry over 300 passengers, it landed on the airstrip with a total of 45 scientific researchers and 12 tons of gear, equipment, and supplies. While the majority of researchers on this historic flight work for the Norwegian Polar Institute, researchers and scientists from other countries were also on board and heading to other research stations on the continent. This is a common occurrence, since the territory hosts 11 nations which can coordinate, pool resources, and share costs of the research they conduct.

The Boeing 787 joins a growing list of aircraft that have made a successful trip to and from Antarctica and is proud to also have made history in being the first Dreamliner to do so.



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Treasurer	Linda Murray	250-475-6024	eidsvoldpresident@gmail.com
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Greeters	Herb Strandberg		Marilyn Johns
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