

Sons of Norway

Eidsvold Lodge #7-53

Victoria, BC Canada

Runer



Eidsvoll Manor—Eidsvoll, Norway

April/May 2024

Volume 47 Issue 3



Executive Board 2024

President: Mary Ella Gamblin

Vice President: Daphne Shaw

Past President: Linda Murray

Secretary & Treasurer:
Linda Murray

Cultural Dir.: Marg Sorensen

Member at Large: Doug Gamblin

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Happy Easter! We are already four months into the year, and time is flying by. The Lodge has hosted many great events in the month; a baking class, Soup’s on, Sports Day, and our reconvened AGM along with a tribute to our dear Joani Knapp. Please watch for our planned events for April and May. Hope to see you there.

Mary-Ella Gamblin



Date	Event
Tues, Apr 2	Leikarring 3:30 to 5:30
Thurs, Apr 4	Jenteklubben (see email)
Tues, Apr 9	11:00 book club 11:30 Soup’s On 1:30 Board meet 3:30 to 5:30 Leikarring
Sat, Apr 13	Walk (in this issue or see Van Williams’ email)
Tues, Apr 16	Leikarring 3:30 to 5:30
Sat, Apr 20	11:30 LODGE SPRING BRUNCH 1:30 Member Meeting (Extraordinary General Meeting to approve Bylaw changes)
Tues, Apr 23	1:30 Strategic Planning Committee Meet 3:30 to 5:30 Leikarring
Wed, Apr 24	6:30 pm Torskeklubben
Tues, Apr 30	10:30 Norsk Café 11:30 Soup’s On (Kitchen Troll Doug is away but we will arrange a tasty lunch – more details to follow by email)

Date	Event
Tues, May 7	Leikarring 3:30 to 5:30
Sat, May 11	Syttende Mai Celebration, 5:00 pm
Tues, May 14	11:00 book club 11:30 Soup’s On 1:30 Board meet 3:30 to 5:30 leikarring
Fri, May 17	Syttende Mai coffee and flag raising, 10:00 a.m.
Tues, May 21	3:30 to 5:30 leikarring
Tues, May 28	10:30 Norsk Café 11:30 luncheon 1:30 General Member Meeting 3:30 to 5:30 leikarring
Wed, May 29	6:30 pm Torskeklubben
Fri, May 31 & June 1	District 7 Convention, Coquitlam

A HUGE thanks to our Audit Committee: Barb Knighton, Chair, Mary Ella Gamblin, and Linda Murray

And to **Kitchen Troll Doug** for the cookies that kept us going for five afternoons!

Members approved the 2023 Financial Statement, Audit Committee Report, and 2024 Budget (as circulated) at the Reconvened AGM on Mar 23/24.

Awards Presentations at the Annual General Meeting held March 23, 2024

2024 MEMBER ANNIVERSARY AWARDS

Gunnar Berg 60 years, Alfred Galland 45 years, Muriel Forslund 40 years, Fridtjof Rodli 30 years, Alice Balchen-Stitt 30 years, Bjorn Simonsen 30 years, Jette Denluck 30 years, Vance Hanson 25 years, Judith Hanson 25 years, Scott Ingbritson 25 years, Sharon Doty 20 years, Alyson Doty 20 years, Unni Davis 20 years, Stephen Gruben 20 years, Deborah Gruben 20 years, Trevor Hansen 20 years, Kjell Hoel 15 years, Norma Berg 15 years, Larry Olson 15 years, Maryann Little 15 years, Astrid Metheral 15 years, Darrel Jensen 15 years, Jeanette Olson 15 years, Abigail Langford 15 years, Ellen Hanson 10 years, Rhondda Tolen 10 years, Bob Haines 5 years, Annabelle Beresford 5 years, Shirley Finstad 5 years, Anthea Marcus 5 years, Anne Glommen 5 years, Laura Hughes 5 years, Svein Haugen 5 years, Irene Huse 5 years, Geoff Vincent 5 years, Gerda Larsen 5 years, Sarah Kedves 5 years, Luke Kedves 5 years, Linda Murray 5 years, Brooklyn Weber 5 years - Heritage Member



Gunnar Berg - 60Y



Bjorn Simonsen - 30Y



Sharon Doty - 20Y



Ellen Hanson - 10Y

2024 SPORTS AWARDS

Angel Star - Gangmerke (walking): Bronze and Silver & Idrettmerke (Sports & Fitness): Bronze, Silver, Gold, Enamel, and Hero

Van Williams - Gangmerke (walking): Bronze, Silver and Gold & Idrettmerke (Sports & Fitness): Bronze, Silver, Gold, Enamel, and Hero

Hanne Smaadahl - Gangmerke (walking): Bronze and Silver

Linda Strudwick - Gangmerke (walking): Bronze and Silver

Anna Hendren - Idrettmerke (Sports & Fitness): Bronze & Cultural: Knitting with one bar

Kelvin Kedves - Gangmerke (walking): Hero & Idrettmerke (Sports & Fitness): Bronze

Maryann Little - Gangmerke (walking): Hero



Linda Strudwick



Van Williams



Hanne Smaadahl



Anna Hendren

2024 Tusen Takk Awards:

Herb Strandberg, Marilyn Johns, Doug Gamblin (Kitchen Troll), Linda Murray



Doug Gamblin



Linda Murray

Update from your Kitchen Troll

Here is the proposed schedule for April and May meals;

There will be a “Soup’s On” Tuesday, April 9th, with cheese biscuits as always.

I will be away on Tuesday, April 30th. If you wish to have a luncheon on that day, someone or a group, will have to volunteer to organize and prepare it.

Saturday, May 11th will be the full 17 of May Celebration, and May 17th will be a coffee & sweets drop in.

Tuesday, May 14th we will host a “Soup’s On” and Tuesday, May 24th we will have our monthly luncheon.

I will post what I will be preparing in one of the regular emails as we decide on the menu.

Happy Spring!

-Doug Gamblin



Pizza in Norway

Scandinavian countries are known for many things, but pizza isn’t typically one of them. Traveling to Norway, one would expect things like potatoes (and all the dishes made from them), fish, and gjetost. But in Norway, as with the rest of the world, pizza has become a popular staple that can take on local flavors. While pizza didn’t start taking off in Norway until the 1970’s, today this dish has become a staple in many Norwegian homes. It’s become so well-loved in fact, that Norway has earned the top spot for consuming the most pizza per capita in the world – about 11 pizzas per person. Some even joke that it’s the unofficial national dish.

While this may come as a surprise to some, it is not shocking, given the history of Norwegian cuisine. Home of flat-bread and open-faced sandwiches, it was only a matter of time before pizza took its place beside these other Nordic staples. Ethnologist Astri Riddervold told of how ancient Norwegians prepared something similar called brødtallerken, or “bread dish” more than a thousand years ago. She called it Viking Pizza.

Today, Norwegians primarily enjoy frozen pizza, with the cherished brand Pizza Grandiosa from the town of Stranda on the Storfjorden, being the most popular. Considered the unofficial national dish of Norway, over 25 million pies were consumed by Norway’s 5.3 million inhabitants in 2018.

One of the world’s most controversial toppings, pineapple may not be traditional to Italy but according to the delivery app Just Eat, every 10th pizza ordered in Norway is a Pizza Hawaii, with Canadian bacon and pineapple. Something about that sweet and salty combination is just appealing to the palate.

Another popular type of pizza is called #lørdagspizza, which translates to “Saturday pizza.” This type is hand-made in a rectangular pan and typically has chopped meat, tomato sauce, and cheese. Other popular toppings in Norway include sweet corn, salad and shrimp.



Welcome new members!

John and Lillian Nelson
 Sue Henderson
 Roy Carter

Gratulerer med dagen!

April

Lillian Cecil	3
Torgeir Hansen	3
Sharon Stennes	3
Magnus Thackray	3
Grace Mickelson	7
Gerda Larsen	8
Freida P Eriksen	13
Trina Bowers	16
Luke Kedves	17
Julion Jasmine	21
Annabelle Beresford	24
Laura Kennedy	24
Astrid Metheral	24
Erna C Scoular	24
Reta L Mason	30

May

Lorraine Vigen	1
Lola Clark	2
Sven Tjelta	4
Jennifer Daly	7
Quin Campbell	10
Norrie Froman	10
Edel LeRoy	11
Deborah Gruben	12
Darrel Jensen	12
Gwendolyn Denluck	13
Juneau Price	14
Laura Hughes	15
Kjell Hoel	19
Inger Tjelta	21
Juna Smaadahl Willmetts	25



Hello fellow walkers,

April 2024 walk:

Circuit: Braefoot, Feltham, Bow, & Brodick Parks and urban farmlands
 Date: Saturday, April 13, 2024
 Time: 11:00 – 12:15 PM; lunch at 12:30 PM
 Meet: Braefoot Park
 Park: Parking lot entrance near Braefoot Rd off McKenzie Ave.
 Lunch: Monkey Tree Pub; 4025 Borden Street
 RSVP: Email by April 11, 2024 for lunch reservations

Lunch: Please join us for lunch even if you can't join the walk, but RSVP.

This is a lovely walk through urban Saanich farmland that also includes 4 parks, the Saanich Centennial Trail, the Braeside Gateway Trail, Lochside Trail and Swan Creek. It's a steady 4 Km walk which includes some inclines including the pedestrian overpass across McKenzie Ave. Feel free to invite a friend.

Two Camas walks in May:

Saturday, May 4, 2024 at 11:00 am - Playfair Park – Persimmon Close Circuit

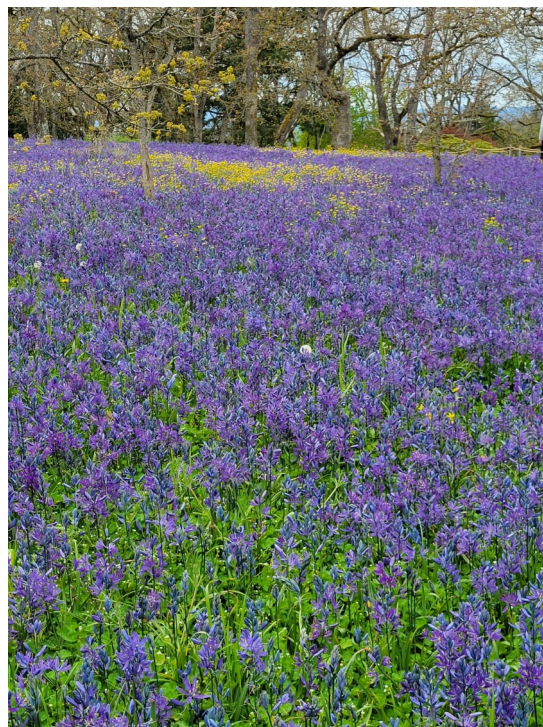
Meet at Playfair Park near the new washrooms beside the parking lot off Rock St off Quadra.
 Suggested Lunch: The Rack (formerly 1550's Pub) 1550 Cedar Hill Cross Rd.

Sunday, May 5, 2024 at 11:00 am - Lower Mt Tolmie and Finnerty Gardens

Meet in the Henderson Rec Centre parking lot off Cedar Hill Cross Rd.
 This walk includes numerous, significant inclines, but not the steep ones.

Further details to follow

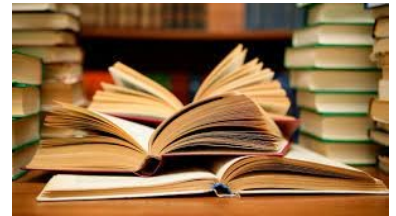
Van Williams at 778-265-7860 or vanwilliams@shaw.ca



Playfair Park Camas

News From the Library

The Eidsvold Book Club welcomed guest Kathleen Arnason in March. She gave us a summary of her writing over the years and related the adventures of the “Gimli Huldfolk” from her recent trilogy about them. Marvelous imagination!



A delightful new donation to the Library is Sigrid Undset’s “Happy Days in Norway”

She describes the real life adventures of her family at Christmas, May 17th, and during summer vacation before WWII. It is a lovely picture of familiar and happy activities.

Contact me at ellenlhanson@hotmail.com

Ellen Hanson, Librarian

Applications for Membership:

Please feel free to recommend new members. All applications, whether by mail, email, or hand, **must be submitted to the Lodge Membership Secretary** for presentation to the general membership to be properly voted on and forwarded to Head Office.

Dues Renewal

- Renewal fees are payable to **Sons of Norway** by:
1. Putting your payment, and the bottom portion of the renewal form, in the return envelope provided and sending it directly (US postage).
 2. Logging in to the International website and renewing online by credit card.

-Carolyn Ingbritson



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 - Lifelong Learning \$18
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www.myrtlesiebert.com



Operations Committee News



WELCOME ERIKA!

Please join in welcoming Erika Simonsen (Bjorn and Linda's daughter) as our new caretaker. Erika moved into the house in mid-March and is getting settled in.

Thanks to Torgeir Hansen who finished the last of the renovations to the house.



Cultural Report

Several members learned how to make Cardamon twists under the guidance of Leah Hayward, a professorial baker and a new member of our Lodge. Our twists looked great and tasted fantastic. Didn't Anna Hendren do a great job?

Watch for Leah's new bakery called Smør opening soon in Sidney.

Mark your calendar for our Mai 17 event which will be on Saturday May 11, due to the long weekend. Do you enjoy singing? Let me know if you would like to learn a couple of Norwegian songs for our event. Don't be shy, this is intended to be fun.

I will be hunting for volunteers for our Mai 17 event in a couple of weeks.

Would you like a bunad? A couple of retiring dancers are selling their bunads. Contact me for more information.

Ha det...have a nice day!

Contact me for further information.

Marg Sorensen mjsorensen@telus.net



Celebrating Joani Knapp

Thanks for sharing our celebration for Joani at the March 23 meeting. Special guests included Joani's son, Paul, her friend John, and Paul's friends (Katie, Susan, Natalie, Justin, Colleen & Dave). Joani joined the Lodge on June 9, 1993. Although she started out as a member of the bowling team, she soon became the heart of the team and a competitive sport. Once she got involved in the Lodge, Joani made herself an indispensable member.

Joani was described as "quiet, busy and unassuming" and did the things that had to be done (so many little things that we only realized after she was gone). She was in regular contact with many members, and she was always on the lookout for talent to serve the Lodge – as Loretta found out when Joani worked on her to become President after a short time.

Although she was small (she joked that she could sleep on two chairs put together), she was a larger than life presence at the Lodge. Paul's friends spoke about Joani's other side – small but loud and boisterous and always willing to poke fun with them or yell at them from the sidelines at games that they weren't playing well enough.

She always made sure Paul got home and his friends knew that no matter what they did, they were always welcome and loved at Joani's. Joani will be missed, and cherished, by all who knew her.



The deadlines for the Runer in 2024 will be on the 20th of preceding month for the following issues: January to June & September to December. There are no July or August issues. (Subject to change if required)

**Board Meetings - April 9th at 1:30pm
- May 14th at 1:30pm
General Meetings - April 30th at 1:30pm
- May 28th at 1:30pm**

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Past President/Counsellor	Linda Murray	250-475-6024	eidsvoldpresident@gmail.com
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Member at Large	Doug Gamblin	250-857-8767	jmgamby@gmail.com

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