

# NORTH STAR



# NEWS

Vol 2018 Issue 6  
June 2018

## **What is behind the Bunad?**

Adapted from SON Information Bank

The traditional costume we call the bunad dates its roots back to the mid-19th century when, at that time, Norway was determined to secure a solid cultural identity. The Norwegian bunad is unique in that it is recognizable as Norway's official dress, but it is individualized based on regional characteristics of color, pattern, style, and accessories.

The original costume of Norway evolved with deep-rooted traditions based on everyday folk attire of rural farming families. *Folkedrakt* or folk costumes which they were commonly referred to at the time did not attain the bunad name until the early 1900's. Although there is evidence that the local folk costumes date back to the Middle Ages in Norway, the interest for a traditional costume for men and woman didn't spread until the Norwegian Romantic Nationalist movement, 1840-1870. Norwegians were eager to reinforce their own cultural identity divergent from Danish and Swedish control. Imperative to that cultural identity was obtaining a traditional costume that would symbolize national pride. Around 1900 Norwegians campaigned against a union with Sweden in hopes of grasping that specific Norwegian identity which included the bunad. A strong sense of cultural pride ensued followed by the country's independence in 1905. By the early 20th century the bunad movement was gaining momentum thanks in part to one woman's inspiration, Hulda Garborg.

Garborg was a pioneer in promoting interest in the bunad tradition and rousing a strong Norwegian sentiment for national pride. The appeal grew and eventually distinct regional styles of the costume were fashioned for not only rural folk but for the urban elite as well. The once rural farm dress was revived into a symbol of Norwegian pride that was cherished and longed for by many. Regions of Norway

designed special bunads based on the distinct customs and traditions of their local communities. Descendants must follow stylistic guidelines of their ancestor's origins when making or purchasing a bunad of their own.

Strict requirements are in place by Norway's National Bunad and Folk Costumes Council (The Norwegian Institute of Bunad and Folk Costume) who promote bunad knowledge, sustain traditions of the folk costumes and provide advice in the construction of new bunad models. Today the bunad is widely recognized as one of the most authentic and popular traditional folk costumes in the world. Making or purchasing a quality bunad can cost anywhere from \$3,000 to \$13,000 so it is often viewed as a status symbol for those who can afford them. The outfits are often passed down in families and typically when adolescents go through confirmation or turn 16 they are given their own authentic bunad. Because of the hefty cost, it is important that costumes can be easily altered for a lifetime of use.

...cont on page 5

### ***NEXT MEETINGS!***

- REGULAR MEETING THURSDAY JUNE 7 AT 7:00PM (1900HRS) AT BOWEN PARK (ACTIVITY ROOM #1).
- 50/50 DRAW FOR THOSE WHO WISH TO PARTICIPATE AT A COST OF \$1 PER PERSON, PROCEEDS TO CHARITY.

### ***SOCIALIZING***

- REFRESHMENTS WILL BE PROVIDED.

## **PRESIDENT'S MESSAGE**

Dear members,

It looks like summer is already here. I hope you are able to get out and enjoy this wonderful weather. We should have a great 17th of May Celebration at the Bowen Park Picnic shelter.

Thanks to Linda Harvey and her committee for working hard to arranging this event for us.

I'll Be hosting the 1st of July Beer & Burger Lunch at the Highland Clubhouse 5239 Arbour Lane, 1-5 pm. The cost will be \$15 a person, which will include a burger platter, beer or wine, dessert and coffee. Please let me know if you plan to come by calling me at 250-758-2306. It's open to members and guests.

There will be no meetings or newsletters in July and August, but we will have some coffee meetings. Our next meeting will be Thursday September 6<sup>th</sup> at 7pm. Wishing you all a great summer.

Fraternally  
Ida Pedersen  
President



## **MEMBERSHIP SECRETARY'S MESSAGE**

Congratulations North Star Members, we have met our recruitment goal for 2018! Keep up the great work and tell your friends and family about Sons of Norway, the more interested people we get, the more fun we can have throughout the year.

Members should know the importance of renewing your membership on time. You can miss out on receiving your Viking magazine and lodge newsletter, and the many other benefits of being a member. Also, if you hold an officer position in your lodge, your membership must be current to retain your officer status.

Remember the excellent membership benefit or reduced fees for attending events. One event to not miss out on this summer is the District 7 Heritage Camp. There are activities for young and old. This year's camp will be held Aug 8-12, 2018. For more information and camp registration information, please visit:

[http://www.sofn7.com/Heritage\\_Camp.htm](http://www.sofn7.com/Heritage_Camp.htm)

God Sommer!

Jim Tore Breivik  
Membership Secretary



## **2018 LODGE OFFICERS**

PRESIDENT	Ida Pedersen	250-758-2306
VICE PRESIDENT	Gabriel Gabrielsen	250-753-5256
MEMBERSHIP SECRETARY	Jim Tore Breivik	250-758-7576
SECRETARY	Rosie Barlak	250-758-7576
ASSIST. SECRETARY	Elisabeth Vikran	778-441-2740
TREASURER	Rosie Barlak	250-758-7576
SOCIAL DIRECTOR	Linda Harvey	250-751-1435
CULTURAL DIRECTOR	Linda Harvey	250-751-1435
COUNSELOR	Arvo Paivarinta	250-758-5816
EDITOR	vacant	
ASSIST. EDITOR	Rosie Barlak	250-758-7576
FOUNDATION DIRECTOR	Arvo Paivarinta	250-758-5816
SPORTS DIRECTOR	Arvo Paivarinta	250-758-5816
MARSHAL	Irene Thomassen	250-585-3372
1 YR TRUSTEE	Gabriel Gabrielsen	250-753-5256
2 YR TRUSTEE	Kjell Garteig	250-756-4934
3 YR TRUSTEE	Lillian Hope	250-758-1095

I love the  
norwegian  
summer.

It's the best  
day of the  
year.



## **MAY MEETING HIGHLIGHTS**

The May 3, 2017 North Star Lodge regular business meeting started at 7:00 pm with 12 members present and one heritage member. Minutes were read and approved as read. Regular meeting business took place.

Updates were given on

- Courses through City of Nanaimo given by Rosie (very successful).
- Convention preparation – the souvenir booklet greeting was submitted.
- We will have several cultural submissions to submit to the Convention display and competition.
- Language game club – that application has been submitted for a library room for meeting to play the game.
- Membership recruitment starter kit was ordered and received from headquarters.
- Arvo attending bowling tournament in Port Alberni.

A motion was carried that:

- Each District 7 Convention delegate gets a \$600 float for convention attendance costs.

Meeting was adjourned at 19:55 hrs (7:55pm).

## **NEW LANGUAGE CLUB!**

**CALLING ALL LANGUAGE INTERESTED MEMBERS!**

**IF YOU WANT TO IMPROVE YOUR NORWEGIAN OR ENGLISH (IF NORWEGIAN IS YOUR FIRST LANGUAGE), OR JUST LIKE BOARD GAMES, PLEASE CONSIDER JOINING US TO PLAY A FUN LANGUAGE BOARD GAME. "NEW AMIGOS", AS THE GAME IS CALLED, IS MADE TO PROVIDE PEER TO PEER LEARNING IN A FUN ENVIRONMENT.**

**WE WILL HAVE A SPECIAL INTRODUCTORY GAME OPEN TO ALL AFTER OUR JUNE BUSINESS MEETING FOR THOSE WHO WISH TO GIVE IT A TRY.**

**PLEASE EMAIL [RBARLAK@ISLAND.NET](mailto:RBARLAK@ISLAND.NET) OR CALL 250-758-7576 IF YOU ARE INTERESTED IN JOINING OUR LANGUAGE GAME CLUB.**

## **SOCIAL REPORT**

Our next meeting will be held on June 7th. We may be playing a new Norwegian game after the business meeting. This game will help us learn many new Norwegian words. People with various levels of spoken Norwegian can play the game. Should be interesting! Our coffee snacks will be supplied by the lodge.

By the time you read this newsletter, the Sons of Norway District Convention will be over. It was on May 25 & 26 in Langley, B.C. Our delegates were Rosie, Gabriel and Linda. We will be hearing about many new ideas from our delegates. Stay tuned for some exciting ideas and suggestions from the convention floor. Thank you from the delegates for sending us to the Convention.

Please put June 23rd on your calendar. We have been invited to participate in the St. Hans Day in Parksville at Rath Trevor Beach at 6:00pm. We will be celebrating along with the Danish Club. Cost is \$10. There will be a burning of a witch near the beach. Food and drink provided in the cost. This spot is a wonderful area for celebrating St. Hans Day. It is close to the beach as well as located cozily in the treed area. A suggestion: Please bring your lawn chairs! (See page 7 for more details).

Also mark on your calendar our annual July 1 BBQ. The parade of flags in Maffeo-Sutton Park on July 1st is a regular activity too. More information to follow.

I would like to encourage the membership to call a "Kaffe Pause" during the summer months. Let Jim Tore Breivik ([j-t-brei@online.no](mailto:j-t-brei@online.no)) know where and when we can meet and he will send out an email to all. It is a good way to keep connected during the summer.

Linda Harvey  
Social/Cultural Director



*a little in English...*

## **Selfies weaken self-esteem**

*From SON newsletter files*

This is what happens in the mind of someone who takes a selfie. If you take a selfie and share it on social media, your self-esteem is lowered, in most cases. This is what Korean psychology researchers found when they looked into this very common phenomenon.

The study from South Korea is supposed to have been the first to investigate how the selfie-taker is affected by the action. Seventy-eight students participated in the experiment. The researchers focused on two factors: something called social sensitivity, and then on self-esteem. Participants in the experiment took photos with their own smartphones. Then they were told to share the image on social media, or just save the image on their cell phone. Immediately afterward, the researchers measured participants' reaction time on certain social stimuli that were presented on a computer screen. Self-esteem was examined by measuring how large the participants wrote their signature.

The reaction time to social stimuli became shorter after the participants in the experiment had taken a selfie and shared it online. The same shrinkage happened to the size of the participants' signatures. The first part made the Korean researchers conclude that the sensitivity you feel for people around you increases by taking a selfie and sharing it with others on sites like Facebook, Instagram or Snapchat. That the signature became smaller, made researchers conclude that self-esteem was weakened. The relationship between small signatures and impaired self-esteem has been determined in previous studies. This means that the self-esteem was even more weakened if the participants took a selfie - and only saved it to the mobile phone.

Several other recent studies have looked at the modern phenomenon of selfies and selfie-sharing on social media. Researchers have, among other things, confirmed that selfies are about how we want to appear to the outside world. Because selfies can easily be changed with image editing tools on a smartphone, it becomes even easier to manipulate the presentation of ourselves.

Selfies mean, according to researchers, —not too surprisingly—that we want to receive validation from the outside world. Social rules for sharing selfies When someone validates us through commenting on a selfie, it usually happens in alignment within certain social rules. This is a type of social interaction between people that repeats constantly. Thus it bears the mark of a ritual: You take a picture of yourself. You put the image on social media (possibly after editing it). A number of friends give you feedback. It all happens in line with social mores as to just how this interaction should take place and what can go in the comment box. The new aspect of the South Korean study is that it says something about how this can affect your self-esteem.

*litt på Norsk...*

## **Selfier svekker selvtilliten**

Dette skjer i hodet på den som tar en selfie. Dersom du tar en selfie og deler den på et sosialt medium, så får du i de fleste tilfeller dårligere selvtillit. Dette finner koreanske psykologi-forskere som har sett nærmere på et svært hverdagslig fenomen.

Studien i Sør-Korea skal være den første som har gransket hvordan den som tar en selfie selv påvirkes av handlingen. 78 studenter deltok i eksperimentet. Forskerne fokuserte på to faktorer: Det som kalles sosial sensitivitet. Og altså selvtillit. Deltagerne i eksperimentet tok bildene med sine egne smarttelefoner. Deretter fikk de beskjed om å dele bildet på et sosialt medium. Eller bare lagre bildet på sin egen mobil. Straks etterpå målte forskerne deltageres reaksjonstid på visse sosiale stimuli som ble presentert på en dataskjerm. Selvtilliten ble gransket gjennom å måle med hvor stor skrift deltagerne skrev signaturen sin.

Reaksjonstiden på sosiale stimuli ble mindre etter at deltagerne i eksperimentet hadde tatt en selfie og delt den på nettet. Det samme ble størrelsen på deltageres signaturer. Det første får de koreanske forskerne til å konkludere med at følsomheten du kjenner på overfor mennesker rundt deg, blir større av å ta en selfie og dele den med andre på medier som Facebook, Instagram eller Snapchat. At signaturen ble skrevet mindre, får forskerne til å konkludere med at selvtilliten ble svekket. Sammenhengen mellom mindre signatur og svekket selvtillit er funnet i tidligere studier. Det hører med at selvtilliten ble enda mer svekket om deltagerne tok en selfie – og kun lagret den på mobilen.

Også flere andre nyere studier har sett på det moderne fenomenet selfie og selfiedeling på sosiale medier. Forskere har blant annet fått bekreftet at selfier handler om hvordan vi ønsker å framstå overfor omverdenen. Fordi selfien lett kan endres med billedredigeringsverktøy på smarttelefonen, blir det enda lettere å manipulere presentasjonen av oss selv.

Selfier handler også ifølge forskere – ikke helt overraskende – om at vi ønsker å få en bekreftelse på oss selv fra omverdenen. Sosiale regler ved deling av selfier Når noen bekrefter oss gjennom å skrive i kommentarfeltet under selfien, skjer det som oftest i tråd med visse sosiale regler. Dette er en type sosial samhandling mellom mennesker som hele tiden gjentas. Dermed får den preg av å være et rituale: Du tar et bilde av deg selv. Du legger bildet ut på et sosialt medium (eventuelt etter å ha redigert det). Et antall venner gir deg tilbakemelding. Det hele skjer i tråd med sosiale regler for hvordan akkurat denne samhandlingen bør foregå og hva det kan stå i kommentarfeltet. Det nye med den sørkoreanske studien er altså at den sier noe om hva dette muligens gjør med selvtilliten din.



## **Artifacts Unearthed During Headquarters Move**

*From SON newsletter files*

When Sons of Norway prepared to move from its Minneapolis International Headquarters last February, a few surprises surfaced. Among them: A discovery that a "sub-sub" basement existed below the sub-basement of the three-story building. A cache of old tools and bygone office furnishings – nothing too exciting – made up most of the booty. But also found during the course of the move was a hand-hammered copper time capsule that contained early lodge documents. Another find was a collection eight beautifully rosemalt wooden tubes with carved lids. Each was a different color and designs varied. What could they possibly contain? It took but a moment to solve the mystery. The tubes, pictured here, represent each of Sons of Norway's eight districts. They contain a proclamation signed by district delegates that commemorates a century of heritage (1895-1995) and the centennial meeting of the International Lodge. The find from 1995 reminds us that we are less than two years away from celebrating Sons of Norway's 125th Anniversary in 2020, another cause for celebration!

## **SON Foundation in Canada Information**

The main objectives of the SON Foundation in Canada are:

- to provide scholarships and promote cultural exchanges
- to promote Norwegian heritage activities and learning opportunities
- to support humanitarian causes

The Foundation is considered an integral function of SON. The focus is to provide a valuable service to our members and the community at large.

To support the Foundation, you can provide the following articles to Arvo Paivarinta at any lodge meeting (they are used to generate funds for the Foundation):

- Cancelled/used postage stamps – please trim all stamps with a ½ border of envelope around them, and please do not cut the perforations around the stamps
- Island Dairy labels- paper or plastic from milk cartons, cheeses
- Campbell Soup labels
- Tags from bread bags
- Tin tags from cans of juice

## **Norwegian Stick Bread**

- 8 Cups flour
- 4 Tbsp. sugar
- 1 Tsp. salt
- 3 Tsp. baking powder
- 2¼ Cups water
- 1 Tbsp. oil
- Flour for dusting
- Sticks for cooking bread

1. Ensure sticks are free of dirt.
2. Combine all dry ingredients in a large bowl and stir to mix well.
3. Dust your hands with flour and gently knead the dough a few times.
4. Make sure the stick is wet prior to wrapping it in dough so that the stick does not burn in the fire.
5. Form 1/2 cup dough into a long ribbon. Wrap dough around the stick. Place on grill and rotate frequently until bread is browned equally on each side.

*...cont from page 1*

## **Bunad**

The fabrics used to make a bunad typically consist of wool skirts for women and wool pants and jackets for men. The men's vests and the women's bodices, aprons, bonnets and capes may be contingent on what fabrics were initially available when the bunad was first designed. Silk materials and lustrous woolen fabrics are most common and the iconic white blouse to go underneath is made from either cotton or linen fabrics. The embroidery, color and shape give the bunad the most distinction and character, followed, of course by the accessories and unique jewelry called sølje that are key to any genuine bunad. The shoes, which are well recognized as "bunad shoes" by many are typically black leather with a small heel and a silver buckle on top. A simple black shoe, pump or fitted 18th century style boot is also appropriate to accompany the look.

For those who are lucky enough to dress in their own bunad it is important for them to remember that this distinct dress is a symbol of their cultural identity, their heritage and the roots their ancestors laid years before. Bunad etiquette is in place to preserve the authenticity of this official national costume. Women are to look as natural as possible by not wearing too much makeup. Jewelry and accessories that don't "fit" with the appropriate style are inappropriate although it is acceptable to wear inherited silver jewelry even if your bunad and jewelry are from different regions. It is truly a beautiful sight to see all the beautiful bunads out in Norway on Syttende Mai. Folks line the streets waving flags, proud to show off their regional costume and excited to celebrate their enduring cultural identity that their ancestors fashioned so long ago.

## **World's First Powerhouse Hotel**

*From SON Newsletter files*

The world's first energy-positive hotel will be nestled on the Svartisen glacier, about 1,000 miles north of Oslo. The hotel Svart, meaning "black" in Norwegian, will be built above the arctic circle and will be accessible only by boat. The Arctic's first "powerhouse" is expected to reduce energy consumption by almost 85 percent compared to a regular hotel.

Svart will be built in a circular form due to the study of how mapping of solar radiation behaves. The hotel's energy will be produced by solar panels that will be strategically placed to retain the sun's energy. With expectations to preserve the pristine Northern Norwegian nature, architectural firm Snøhetta has designed the hotel to be built primarily out of environmental materials like wood and stone.

Expected to open in 2021, the hotel will rest on the bottom of the pristine Arctic waters, offering visitors panoramic views of the fjord and glacier. To learn more about Svart, visit <https://snohetta.com/projects/366-svart>.

## **Remember Heritage Camp!** **Aug 8-12, 2018**

When it began 30 years ago under Camp Directors Helen and Mervin Rogelstad, Heritage Camp featured classes for adults in Woodcarving, Rosemaling, and Hardangersøm. A children's program offered activities for children 12 and under, as well as activities for the entire camp including: Camp Olympics, a Horseshoe tournament, car rally, BBQ Dinner and pancake breakfast. Today the camp offers so much more!

The camp registration form, available online, lists the current class offerings for adults. The program for children and youth has really expanded to include classes for children ages 4 to 16 years featuring a variety of Norwegian Cultural classes including Norwegian Language. Classes are offered Thursday, Friday, and Saturday during the camp. Many other fun activities are planned from Wednesday evening until Sunday morning including a BBQ supper and pancake breakfast (all part of the registration package).

The camp is located just north east of Mission (11901 Seux Road, Mission, BC (just off Sylvester Road)). The property has excellent camping facilities for tents, motor homes and trailers. There is a large playing field, clubhouse, gazebo, swimming pool, washrooms, trails and a creek running beside the pool. There are also many private cabins owned by Sleipner Lodge members.

For more information and camp registration information, please visit: [http://www.sofn7.com/Heritage\\_Camp.htm](http://www.sofn7.com/Heritage_Camp.htm) or contact: Tania Jacobsen at [1968tjacobsen@gmail.com](mailto:1968tjacobsen@gmail.com)

## **Norway Takes Roadside Stops to a New Level**

*From SON Newsletter files*

Natural wonders are being amplified by art, design and architecture on selected roads in Norway. Several Norwegian architects have transformed average resting areas and parking lots into magnificent, must-visit attractions. The scenic route covers 1,336 miles across western Norway, and has taken two decades to complete.

Ureddplassen, one of the most popular attractions, is a wave-shaped bathroom facility that overlooks the open sea. With a wide terrace and sitting area, this rest stop has become a popular spot for locals and visitors to view the northern lights. It is also a memorial to those who died when the submarine "Uredd" hit a mine in World War II.

The Stegastein viewpoint, Steilneset Memorial and Selvika Bay are only a few among a dozen other off-road attractions that have helped boost tourism in the more remote corners of Norway. To learn more about Norway's scenic routes, visit <https://www.visitnorway.com/plan-yourtrip/travel-tips-a-z/norwegian-scenicroutes/>.

## **Norwegian Bookworms!**

*From SON newsletter files*

- Norwegian Bestsellers Snorre Sturluson's Heimskringla (The History of Kings), written in the Old Norse Period (A.D. 750-1300), remains a bestseller in Norway today.
- There are more than 60 literature festivals annually in Norway. The most popular is the Norwegian Literature Festival, that takes place in Lillehammer from late May to early June.
- The Biblio Tøyen, is Norway's first library only for those ages 10-15. There's a homework area inside a converted tuk-tuk (a three-wheeled taxi), plus other cool reading spaces inside the back of an old Volvo truck, or a gondola hanging from the ceiling. Grown-ups are not allowed.

Source:  
<https://www.thelocal.no/20170314/norway-forbookworms-books-literature>



- Please remember to submit any newsletter submissions by Aug 15 for the September issue.
- WANTED to buy: Lefse Grill. If you have one you no longer use, please contact [rbarlak@island.net](mailto:rbarlak@island.net) or call 250-758-7576.

## **Come Celebrate Midsummer/ Sankt Hans!**

- This year North Star Lodge will be celebrating Sankt Hans/Midsummer at Rathtreavor Beach Provincial Park in Parksville with the Danish Club on June 23, 2018 at 18.00 hrs (6pm).
  - It will be at Group Picnic Site #1 which is accessible through a short trail at the end of Parking Lot "P1". Please mark this date in your calendar.
- Come out and enjoy Hot Dogs with all the fixings, pastry, coffee, tea, soft drinks and juices. Send the witch to Bloksberg on our bonfire with singing and roasting of marshmallows.
- The fee is \$10 each but children 12 and under are FREE so bring the kids and make a fun evening of it.
- Bring friends, children, lawn chairs and roasting sticks and enjoy a wonderful evening celebrating the longest day of the year!

**If you are interested please let us know how many of your family are interested in attending**

**(email: [j-t-brei@online.no](mailto:j-t-brei@online.no) or call 250-758-7576).**

**This is just so we can start planning/calculating how many hot dogs and other food items we need to prepare for.**



## **SUNSHINE COMMITTEE**



This month has been one of many members carrying on bravely with recovery and adjustments.

Ingrid Godfreyson is as cheerful as ever though feeling short of breath.

Ingy Bloodsworth recovering well after surgery last month. Elaine Myers sent a handwritten card. Good work Elaine after suffering a stroke. God bedring til alle!

Alma Ballard remains in Dufferin awaiting a bed elsewhere in Nanaimo.

Your Sunshine Committee (Irene and Sonja) has not been immune to health changes.

It turns out each of us has only one normally functioning foot. Irene broke a left ankle (healing now) and Sonja has been trying to heal her right ankle for some time!

We have been unable to offer to visit as much as we would like. Hope we have not missed anyone.

Enjoy a safe, fun and healthy summer. Feel free to phone or send a card to someone you think might love a greeting.

Please call Sonja (250-756-2406) or Irene (250-585-3372) if a member you know is ill or needing a visit.

## **JUNE/JULY/AUGUST BIRTHDAYS**



June

- 08 Pearl Lindstrom
- 13 Chase Nedelec
- 15 Maren Breivik
- 20 Jennifer Kelly
- 21 Helen Bergstrom
- 23 Alexandra Furuness

July

- 13 Ida Pedersen
- 24 Raymond Johansen
- 26 Hope Myre

August

- 02 Leif Furuness
- 03 Sutcliffe Abby
- 08 Jim Tore Breivik
- 19 Laurits Lorentsen
- 28 Roseleagh Lalande

## FACTS AND FUN:

<p>1. Approximately how many different types of bunad designs are there in Norway?</p> <p>a) 25 b) 150 c) 450 d) 1500</p>	<p>2. When was the Norsk institutt for bunad og folkedrakt (NBF) established?</p> <p>a) 1917 b) 1937 c) 1947 d) 1957</p>
<p>3. The NBF contains full documentation for all the folk costume designs in Norway?</p> <p>a) True or False</p>	<p>4. Historically in Norway, headdresses worn by women signified</p> <p>a) How much money they had b) How many suitors they had c) Their sibling order d) Their marital status</p>
<p>5. When did the term "bunad" become the official name of the national costume of Norway?</p> <p>a) Early 1700's b) Early 1800's c) Early 1900's d) Early 2000's</p>	<p>6. Approximately what percentage of women own a bunad in Norway?</p> <p>a) 50 b) 60 c) 70 d) 80</p>
<p>7. Approximately what percentage of men own a bunad in Norway?</p> <p>a) 40 b) 30 c) 20 d) 10</p>	<p>8. Norwegians wear their bunads an average of how many times per year?</p> <p>a) 1.75 b) 2.25 c) 3.50 d) 4</p>

### June: Fun dates to remember

- June 9 – Happy Birthday Donald Duck. Donald is the most popular Disney character (by far) in Norway and other Scandinavian countries. Donald first appeared in print on June 9, 1934, making him a spry 84-year-old this year.
- June 14 – Flag Day (U.S.). Displaying the nation's flag is a proud tradition in the U.S. and Norway. In the U.S., when displaying multiple flags on a single pole, the U.S. flag should be at the top of your flag pole.
- June 18 – International Picnic Day. An excuse to enjoy the great outdoors with friends and family-enjoy!
- June 29 – Waffle Iron Day. A must-have appliance for making this yummy, heart-shaped treat. Top it with your favorites like strawberry compote or sweet-savory brunost or gjetost. Source: <http://holidayinsights.com>

To enter your name into the monthly prize draw, just give the Facts and Fun a try and bring your entry in to the next meeting. If you cannot come, give your entry to someone who can or mail it in to Rosie Barlak, 6194 Parkwood Drive, Nanaimo BC, V9T 6C8. For answers email: [j-t-brei@online.no](mailto:j-t-brei@online.no)

Answers to May facts and fun: 1 true, 2d, 3 false, 4a, 5e, 6b.

Answers to June facts and fun: 1c, 2c, 3 True, 4d, 5c, 6a, 7d, 8b