

## Eidsvold No. 53, Sons of Norway

### COVID-19 Safety Plan – Consequential Amendment (as of January 31, 2022)

The Eidsvold No. 53, Sons of Norway (the “Lodge”) COVID-19 Safety Plan with consequential amendments is attached.

The Provincial Health Officer issued a series of revised Public Health Orders (PHOs) from October 25, 2021 to January 25, 2022. The PHOs were amended as of October 25, 2021 to permit indoor gatherings subject to certain restrictions. Due to the fast-spreading Omicron variant, the PHOs were amended as of December 20, 2021, to impose additional restrictions on indoor gatherings (note: dancing was still not permitted and the restrictions did not apply to private social events in workplaces). As of December 22, 2021, the PHOs were further amended (until January 18, 2022) to impose additional restrictions on private gatherings. Mask and vaccination passport mandates remained in effect. Given the new restrictions on indoor gatherings, the Lodge closed again for member and rental events as of December 22, 2021.

On December 31, 2021, the Provincial Health Officer, in consultation with the BC Centre for Disease Control, shortened the isolation period for fully vaccinated persons to 5 days (from 7 days). If symptoms were “resolved or mostly improved” after 5 days, the person could leave isolation provided they did not have a fever, that they wore a mask for another 5 days when they were around others and they abstained from social gatherings during that additional 5 day period. For those not fully vaccinated, the isolation period remained at 20 days from the onset of symptoms or the positive test result. Booster shots ramped up to deal with the Omicron variant. Based upon information from the USA CDC, it appears that the Omicron variant had a shorter incubation period (one to two days before symptoms start) and tended to resolve quicker.

On January 17, 2022, the PHOs were amended to continue the restrictions on indoor gatherings which were to expire the next day. The Provincial Health Officer initially advised that the restrictions would continue to apply to fitness classes, gyms, etc. which included dance classes. On January 18, 2022, the PHOs were amended to continue restrictions on indoor gatherings until February 16, 2022, but dance classes and other fitness activities were permitted subject to additional restrictions and precautions. Mask and vaccination passport mandates remained in effect.

On January 25, 2022, the PHOs were amended to extend until June 30, 2022, the requirement for full vaccination status to enter certain venues and the requirement for the venue to scan vaccination passports for all attendees. Mask mandates remained in effect.

The Lodge will remain closed to member and renter events until February 16, 2022, subject to additional PHO amendments. The exception will be those activities that meet the current PHO criteria, including some dance classes and fitness activities, and drive-through or outside events. The Board, in consultation with the COVID Committee, will determine on a case by case basis which activities will be permitted and the safety protocols that apply to each activity. **ALL** persons entering the Lodge **MUST** be **FULLY VACCINATED** or have a proper medical exemption letter which must be provided to the Board in advance of the person entering the Lodge. Each person entering the Lodge must present for scanning a vaccination passport and government-issued identification.

Only those authorized by the Board may access the Lodge at this time. The Board will continue to assess the situation and put in place a plan for a gradual re-opening of the Lodge to members and renters as the PHOs are amended.

Each person entering the Lodge must carry out a health check. A person who does not pass a health check cannot host or attend an event at the Lodge. A ‘health check’ means a review of the entry requirements and key questions set out in the WorkSafeBC poster. The poster is posted at the entry of the Lodge.

Otherwise, the Lodge’s COVID-19 Safety Plan as revised by Consequential Amendments remains in effect.

Revised as of January 31, 2021  
Board of Directors  
Eidsvold No. 53, Sons of Norway

# Eidsvold No.53 Sons of Norway

## COVID-19 Safety Plan

BC's Public Health Officer issued an Order on May 14, 2020, requiring all organizations to develop a COVID-19 Safety Plan to minimize the risk of transmission to protect members, workers and the public.

Eidsvold No. 53 Sons of Norway (the "Lodge") is a non-profit, fraternal member organization that owns and operates a facility at 1110 Hillside Avenue, Victoria BC. The facility is used by members for meetings and cultural events and is rented to other groups for meetings and cultural events attended by the public. The facility is operated by volunteers including a Board of Directors, which delegates tasks to various committees including Operations Committee, Kitchen Supervisor, Cultural Committee (classes), Library, Sports and Recreation, and COVID Committee. The facility has a contract caretaker who lives in a separate residence on the property. The facility has no employees.

The COVID Committee is responsible for developing, monitoring, and amending (where necessary) the Lodge's COVID-19 Safety Plan. The Safety Plan was developed using the WorkSafe BC template, together with a detailed assessment of Lodge facilities and specific needs.

The Board requires all members, visitors, workers, and the public who enter its premises to comply with all Provincial Health Officer Orders, our COVID-19 Safety Plan, and the directions of the Board, its committee chairs and event supervisors. Violence or aggressive misbehaviour toward the Lodge's Board, members and agents will NOT be tolerated. Please ***Be Kind, Be Calm, Be Safe.***

### COVID-19 Transmission

The virus that causes COVID-19 spreads in several ways:

- In droplets when a person coughs or sneezes.
- If you touch a contaminated surface and then touch your face.
- The risk of person-to-person transmission increases the closer you come to other people, the more time you spend near them, and the more people you come near.
- The risk of surface transmission increases when many people contact the same surface and when those contacts happen over short periods of time.
- The closer together people are and the longer they are close to each other, the greater the risk.

### Facility Risk Assessment

The Board, in consultation with its COVID Committee, completed a risk assessment of our facility and operations as required by BC's Provincial Health Officer, including:

- ✓ consulting with the Board's committees, our maintenance and cleaning contractors, members (including those who may be event supervisors), and others with relevant expertise;
- ✓ identifying areas within our facility where people gather and meet;
- ✓ identifying tasks and processes where members, contractors, and the public are close to one another;
- ✓ identifying the tools, machinery, and equipment that are shared for events; and
- ✓ identifying surfaces that people touch often, such as doorknobs, handrails, and light switches.

## Protocols to Reduce Risk

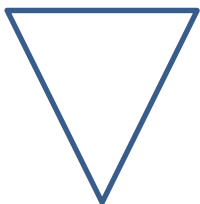
We reviewed all orders, guidance, and notices issued by the Provincial Health Officer, the BC Centre for Disease Control, and WorkSafe. We will continue to monitor the information from these and other sources to ensure safe operation of our facility and will update our COVID-19 Safety Plan as required.

We reviewed industry-specific protocols relevant to our facility and implemented them to the extent that they apply to the risks for our facility. We identified and implemented additional protocols where industry-specific protocols did not address all the risks for our facility. We will continue to monitor government, health and industry guidelines and will implement those that apply to our facility.

We reviewed our operations and available capacity to ensure we have sufficient coverage and resources to effectively operate our facility in compliance with health and safety requirements.

### **Part 1: Reduce risk of person-to-person transmission**

We reviewed the four levels of protection required to develop risk reduction protocols.



- First** level protection (elimination) - limit the number of people
- Second** level protection (engineering) - barriers and partitions
- Third** level protection (administrative) - rules and guidelines
- Fourth** level protection - use PPE (with other measures)

#### First level - limit the number of people/events

Limiting the number of people in our facility is an important way to ensure social distancing. BC's Public Health Officer has prohibited public gatherings of more than 50 people (including staff, volunteers, etc.) for all one-time 'events' (an 'event' also includes a meeting).

- We have established and posted signs showing the COVID-adjusted maximum occupancy limit for our facility (normal occupancy limit is 149). These limits may change over time or where circumstances warrant and as revised Provincial Health Orders are issued.
- We have:
  - ✓ reduced the number of people using our facility, changed the format of our meetings, rescheduled tasks and events, and limited rentals of our facility for the immediate future;
  - ✓ implemented measures, including reduced maximum occupancy limits, to maintain social distancing of at least 2 metres wherever possible; and
  - ✓ limited the number of events held in one day, and each week, to allow for proper cleaning.

#### Second level - barriers and partitions

We will install barriers where proper physical distancing cannot be maintained and will include barrier cleaning in our cleaning protocols.

#### Third level - Rules and Guidelines

We have identified rules and guidelines for those using our facility. See attached Schedule A.

We have clearly communicated rules and guidelines to users through a combination of training and signage.

#### Fourth level – Personal Protective Equipment

If the first three levels of protection are not enough to control the risk we will recommend the use of non-medical masks, gloves, and other protective equipment where necessary. We:

- are aware of the limitations of non-medical masks to protect the wearer from respiratory droplets and understand that masks should only be used in combination with other control measures or when other control measures cannot be implemented;
- have reviewed the information on selecting and using masks and instructions on how to use a mask;
- have trained members, including event supervisors, in the proper use of masks and gloves, and the proper disposal of used items; and
- will encourage all visitors and members to wear their own masks.

#### **Part 2: Reduce risk of surface transmission through effective cleaning and hygiene practices**

Frequent handwashing and good hygiene practices are essential to reduce the spread of the virus. We have:

- reviewed information on cleaning and disinfecting surfaces to reduce transmission risk;
- ensured that our facility has enough handwashing facilities for all attendees and that handwashing locations are visible and easily accessed;
- implemented policies that specify when those using our facility must wash their hands and we have communicated good hygiene practices to everyone;
- implemented cleaning protocols for all common areas and surfaces — e.g., washrooms, tools, equipment, shared tables, desks, light switches, and door handles -- including the frequency that these items must be cleaned (number of times per day) as well as the timing (before and after each use/event);
- ensured that those who are cleaning have adequate training and materials; and
- removed unnecessary items and equipment to simplify the cleaning process.

#### **Develop and Implement Policies**

We have developed policies to manage our facility, including policies around who can be at the facility, how to address illness that arises, and how users can be kept safe as we resume modified operations.

**We have a zero tolerance policy for violence or aggressive behaviour at our facility.** We will ensure that members, supervisors, and contractors have the training and strategies required to address the risk of violence that may arise as customers and members of the public adapt to restrictions or modifications for the facility.

Our policies ensure that anyone showing symptoms of COVID-19 is prohibited from the facility including:

- anyone who has had symptoms of COVID-19 in the last 10 days (symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat, and new muscle aches or headache);
- anyone directed by Public Health to self-isolate; and
- anyone who has arrived from outside of Canada or who has had contact with a confirmed COVID-19 case must self-isolate for 14 days and monitor for symptoms.

Our policy addresses those who may start to feel ill at our facility including the following:

- anyone who develops mild symptoms will be asked to wash or sanitize their hands, be required to put on a mask, and asked to leave the facility immediately and be advised to go straight home, consult the BC COVID-19 Self-Assessment Tool, or call 811 for further guidance related to testing and self-isolation;
- if a person becomes severely ill (e.g., difficulty breathing, chest pain), we will call 911; and
- we will thoroughly clean and disinfect any surfaces with which the ill person came into contact.

### **Communication Plan and Training**

We will ensure that all persons know how to keep themselves safe while at our facility. We have:

- a training plan to ensure everyone (including event supervisors, cleaners, members) are trained in our policies, rules and guidelines, including the requirement to stay home when sick;
- posted signage at the facility, including occupancy limits and effective hygiene practices;
- posted signage at the main entrance indicating who is restricted from entering the premises, including those with symptoms; and
- trained event supervisors and others to monitor those using our facility ensure policies are being followed.

### **Monitoring and Updating**

Members, contractors, event supervisors, and others are encouraged to identify any areas of concern or areas for improvement and bring them to the attention of the Board or the COVID Committee for review.

We have a plan in place to monitor risks and we will make changes to our policies and procedures as necessary in consultation with the relevant committees, members, and others.

### **Assessing and Addressing Risks from Resuming Operations**

Since we have not operated our facility for some months during the COVID-19 pandemic we have:

- reviewed the risks arising from restarting the use of our facility;
- developed a training plan for new members, users, contractors and for those taking on new roles or responsibilities, including event supervisors;
- included in the training plan changes to our operations including new equipment, processes, and guidelines;
- reviewed the start-up requirements for equipment and machinery that have been out of use; and
- identified a safe process for cleaning systems and other items.

## Schedule A

### COVID-19 Rules and Guidelines

This Schedule forms part of the Eidsvold No.53 Sons of Norway Safety Plan.

#### General Rules and Guidelines

Maximum occupancy of our facility is 149. Occupancy limits and event restrictions are in place as Provincial Health Orders are revised from time to time.

1. We have posted a Front Entry Visitor Checklist reminding anyone with symptoms, who is self-isolating, or returned from outside Canada within the last 14 days (or who has been in contact with one of those persons) that they MUST NOT enter the facility.
2. Anyone who feels ill while at the facility must tell an event supervisor or Board member.
3. We recommend that those who are, or have family members who are, immunocompromised not attend the facility at this time.
4. Masks are mandatory for all persons entering the facility for so long as the Provincial Health Order mask mandate is in effect.
5. ALL persons entering the Lodge for an event must be FULLY VACCINATED or have a proper medical exemption letter provided by a medical doctor. For so long as Provincial Health Orders require, each person must present proof of vaccination status and government-issued identification for access to any event at the Lodge (currently required to June 30, 2022).
6. For each 'event' (including meetings), one person will be designated as the 'event supervisor' to monitor compliance with the Safety Plan.
7. We have developed 'work teams' who will work together so that if one team becomes infected, this will minimize the risk to other teams.
8. Increased cleaning and disinfecting protocols have been introduced (see details below and in each section).
9. Ventilation will be increased wherever possible (HVAC system, open doors/windows, etc.). The overhead fans can be used but not floor fans.
10. Interior doors should be left open where possible to reduce the use of door handles.
11. Those who use the facility will be reminded of the importance of frequent and proper handwashing. Gloves do not replace handwashing. Proper hand hygiene must be practiced as regularly as if gloves are not worn.
12. There will be hand sanitizers stations at entrance and exit doors and throughout the facility, sufficient handwashing supplies in the washroom and kitchen areas, and signage posted (including the BC CDC Hand Hygiene poster) to encourage frequent and proper handwashing techniques.

13. Reminders regarding proper sneezing and coughing etiquette will be posted.
14. Contact tracing or other forms of recordkeeping will be done as required by Provincial Health Orders.
15. No hand shaking or hugging until safe to do so.
16. Those attending will be reminded not to congregate in close groups.
17. Meetings outside (including the parking lot or other locations) must meet social distancing and other guidelines.
18. The types of gatherings permitted will depend upon the restrictions in Provincial Health Orders from time to time.
19. Additional garbage bins have been placed throughout the facility and will be emptied and sanitized frequently.
20. If paper signage is used, it will be dated and discarded monthly or as required. If laminated signage is used, it will be wiped down regularly.

#### Event Rules and Guidelines

In addition to the other rules and guidelines, the following rules apply to each 'event' (including meetings):

1. There must be an 'organizer' (which could be the Event Supervisor) designated for each event. The organizer is responsible for organizing the event, acts as the host for the event, and for arranging for an Event Supervisor (if the organizer is not also the Event Supervisor).
2. The Event Supervisor is responsible for ensuring that any contact tracing or similar form required by Provincial Health Orders is completed and that the Lodge's COVID Safety Plan guidelines are followed for the event. The Event Supervisor must scan each person's vaccination passport (using the approved BC government app) and check government-issued identification for so long as required by Provincial Health Orders (currently to June 30, 2022).
3. The organizer will ensure that access to each event is controlled and that the number of attendees is closely monitored to ensure compliance with occupancy limits.
4. There must be sufficient space available during the event for attendees to maintain a distance of two metres.
5. There must be measures in place to prevent attendees from congregating inside or outside (for example, in line ups) the facility during the event.
6. The number of attendees at each table will be limited to six or the number who can be accommodated with appropriate social distancing. Chairs will be spaced with at least two metres between chairs except for cohort groups.
7. If there is a person presiding at an event, a presenter, or a performer, there must be either: (1) at least three metres between that person and the attendees; or (2) a physical barrier.

8. Where exercise and fitness activities are permitted, the Event Supervisor must ensure that the restrictions set out in Provincial Health Orders are followed. As of January 20, 2022, adult indoor individual, group fitness and exercise activities (including adult dance classes) are allowed with increased safety protocols and capacity limits including:
  - a. 7 square metres of space between people in a group class;
  - b. a capacity of 25 people for all group exercise and fitness classes if space allows;
  - c. masks must be worn at all times and are recommended even when exercising; and
  - d. pre-booking for each class is required.
9. There may be separate events held where there are separate washrooms and entrances (for example, the main hall and the basement) provided the attendees from one event do not also attend the other event.
10. There must be at least one hour between events, with no attendees present, to permit proper cleaning and sanitizing between events.

### Lodge Member and Board Meetings

1. Monthly member meetings and Board meetings will be held on Zoom whenever Provincial Health Orders do not permit indoor gatherings. Operations Committee meetings will be held at the Lodge to oversee maintenance and facility operations. The Library is closed but can be accessed upon request to a Board member or the Librarian. The Book Club will meet online until indoor gathering restrictions are lifted.
2. We will not use our meeting regalia until it is safe to do so due to cleaning challenges.

### Main Hall Areas

1. Tables and chairs will be set up to ensure social distancing is maintained.
2. Chairs, tables and other furniture and equipment not required will be set aside and designated for non-use.
3. Tables and chairs used will be cleaned and disinfected after each use.
4. Only one-time use tablecloths and napkins will be used if necessary (no cloth tablecloths or napkins).
5. Only pre-packaged food items for sharing should be brought into the facility for meetings but those using the facility may bring their own food items to consume.

### Stage Area

1. Use sound equipment only where necessary and increase cleaning of sound equipment.
2. The use of the microphone should be limited to one person presiding at an event. Where there is a performer, the microphone should be thoroughly cleaned between uses by the presider and the performer. The microphone should not be passed around or shared among others. [*added November 16, 2020*]
3. Performances remain limited by the Provincial Health Officer (ie. singing, dancing, etc.).

### Upper (main) Kitchen

1. Those working in the kitchen will be organized into kitchen teams by the Kitchen Supervisor. Kitchen teams will work together so that if one team becomes infected, this will minimize the risk to other teams.



2. Preparation and food service are permitted, subject to certain guidelines:
  - a. only pre-packaged items may be served, items can be prepared in the kitchen and pre-packaged by the kitchen team or pre-packaged meals may be delivered by a restaurant or food service;
  - b. no buffet style meals, shared dining (food, implements), or pot lucks are permitted for now;
  - c. those working in the kitchen or bar areas involved in food or beverage preparation or serving must wear a non-medical mask and gloves;
  - d. only one-use items will be used (ex. tablecloths, napkins, wooden stir sticks, sugar packets, individual creamers, etc.); and
  - e. coffee and tea will be served by the kitchen team, not self-serve.
3. Proper handwashing and sneeze/cough protocols must be followed.
4. Those who handle clean items and food cannot also handle dirty or used items, and vice versa.
5. All items and equipment used must be thoroughly cleaned and disinfected after each use.
6. A plexiglass barrier has been installed in the service window.

#### Lower Kitchen

See Upper Kitchen Guidelines

#### Bar area

See Upper Kitchen Guidelines

1. A plexiglass barrier has been installed in the service window.
2. All beverages, including water, will be served by the volunteers responsible for the bar area.
3. No alcohol can be served at the facility for the time being. If the Board approves an event which includes serving alcohol the usual licensing and *Serving it Right* requirements apply. In addition, an Event Supervisor must be designated for each event to ensure compliance with current COVID safety protocols and requirements of any Provincial Health Orders.

#### Library

The Library was thoroughly cleaned and flooring replaced. All toys, games, puzzles, decorative items (within reach), bottles, and items relating to the separate business of one of the Lodge members were removed and stored in the basement.

1. All books returned will be kept in a separate area and not re-shelved or re-lent for a minimum of 72 hours.
2. Wipe down all high touch areas frequently.

3. Post signage to remind users of social distancing requirements and minimal touching of books and other items.

### Office Section

The Office was thoroughly cleaned (furniture and computer) and flooring replaced. All unnecessary papers, maps, charts, extra shelves and décor items were removed and either recycled or stored in the basement.

1. Access will be limited to those members who are required to deal with Lodge business.
2. Computer keyboard and mouse should be wiped down before and after each use.
3. Pens (and other writing instruments), the telephone, and other office equipment to be wiped down after each use.
4. All unnecessary items and those not easily cleaned (artificial flowers, flags, etc.) will be securely stored away.
5. We have limited surfaces that allow physical contact ie. magazines, clipboards, etc.

### Rentals

The Board is currently reviewing rentals for the facility and will be developing additional guidelines, including possible amendments to the current rental agreements.

### Basement Meeting Room

We will limit use of the basement meeting room for now as there is no effective way to ensure social distancing while accessing or using the room. A comprehensive clear out and clean-up of all areas of the basement was completed.

### Cleaning Protocols

1. We have reviewed the BC CDC's Cleaning & Disinfectants for Public Settings Guideline and WorkSafe Cleaning and Disinfecting guidelines. We have posted the guidelines and provided training to those involved in cleaning and maintaining our facility.
2. We have established a cleaning and disinfection schedule and will clean the facility thoroughly before and after each event/use. We have increased disinfection of frequently touched surfaces in common areas ie. door handles, armrests, banisters, washrooms, light switches, etc.
3. Members of the Board and COVID Committee met with the contract cleaner/caretaker to review the increased COVID cleaning requirements and protocols. An amendment to the cleaning contract has been prepared and circulated to the Board. [revised October 29, 2020]
4. We will ensure that our hand sanitizers meet requirement Health Canada standards for COVID-19 effectiveness, and have a minimum 60% alcohol-base.
5. Where bleach is used for cleaning and disinfecting, the proper concentration is 500 ppm (10 mL bleach with 990 mL water). Food surfaces that are cleaned with bleach will be rinsed before use. Bleach should not be used as a hand sanitizer.

Attachments/Resources:

- ✓ Maximum Occupancy Limit signage (WorkSafe)
- ✓ Cleaning and Disinfectants for Public Settings, BC CDC
- ✓ Cleaning and Disinfecting, WorkSafe
- ✓ Social Distancing poster, BC CDC
- ✓ Handwashing and cover coughs/sneezes posters, WorkSafe
- ✓ Front entry checklist workers/visitors, WorkSafe
- ✓ Masks, how to select and how to use, WorkSafe

/ljm